

## Income Based Clinic List

### St. Louis City

1. **Grace Hill Health Centers** (314) 241-2200  
-This clinic has several locations. Please call the main number to find the one nearest you.
2. **St. Louis Connect Care** (314) 361-2273  
-This clinic has several locations. Please call the main number to find the one nearest you.
3. **Hopewell Center** (314) 531-1770  
-This clinic has several locations. Please call the main number to find the one nearest you.
4. **BJC Behavioral Health** (314) 729-4004  
- Outpatient psych clinic. This clinic has several locations. Please call the main number to find the one nearest you.
5. **Preferred Family Healthcare** (Formerly known as Archway) (314) 361-1630
6. **Family Care Health Centers**  
Carondelet, 401 Holly Hills Ave., 63111- (314) 353-5190  
Forest Park Southeast, 4352 Manchester Rd., 63110 (314) 531-5444
7. **People's Health**  
Central - 5701 Delmar Blvd., 63112 (314) 367-7848  
West- 7200 Manchester Rd., 63143 (314) 781-9162  
North- 11642 W. Florissant Ave., 63033 (314) 838-8220
8. **John C. Murphy Medical Center** (314) 522-6410  
6065 Helen Ave.  
Berkeley, MO 63134
9. **North Central Community Health Center** (314) 679-7800  
4000 Jennings Station Road  
St. Louis, MO 63121
10. **South County Health Center** (314) 842-1300  
4580 S. Lindbergh Blvd.  
St. Louis, MO 63127
11. **Wohl Clinic** (314) 977-4800 or (314)577-8000
12. **SLU Care** (314) 977-4440 or (866) 977-4440  
3635 Vista Ave. At Grand Blvd.  
P.O. Box 15250  
St. Louis, MO 63110

**In Case of Emergency:** Please contact your local hospital or dial 9-1-1.

For mental health emergencies contact: Metropolitan St. Louis Psychiatric Center (314) 877-0500.  
5351 Delmar Blvd., St. Louis, MO 63112



Family Health Center  
1500 Vandiver, Suite 110  
Columbia, MO 65202

Phone: 573-214-2314  
1-877-677-4342  
(We have evening hours)

Community Center  
301 N. Providence Rd.  
Columbia, MO 65203  
In front of Douglas School

(573) 214-2314  
[www.fhcmo.org](http://www.fhcmo.org)

**23. Tri-County Health Clinic** -- Serving Mercer, Putnam and Sullivan Counties. Fees based on income.

-630 West Third Street, Milan, MO 63556    1-877-777-4654

### **Illinois Clinics:**

#### **Comprehensive Mental Health Center of St. Clair County, Inc.**

3911 State Street, East St. Louis, IL 62205  
(618)482-7330

#### **Behavioral Health Alternatives, Inc.**

337 East Ferguson, Wood River, IL 62095  
(618)251-4073

#### **Community Counseling Center of Northern Madison County, Inc.**

2615 Edwards St., Alton, IL 62002  
(618)462-2331

#### **Macoupin County Mental Health Center**

100 North Side Square, Carlinville, IL 62626  
(217)854-3166

#### **Chestnut Health Systems**

50 Northgate Industrial Drive, Granite City, IL 62040  
(618)877-4420

#### **East Side Health District**

638 North 20th St., East St. Louis, IL 62205  
(618)874-4713 / (618)271-8722

#### **Gateway Regional Medical Center**

Koch Clinic  
2100 Madison Avenue, Granite City, IL 62040  
(618)798-3000

#### **Southern Illinois Healthcare Foundation**

Bethalto Health Center - Internal Medicine  
#2 Terminal Drive, East Alton, IL 62024  
(618)258-0485

**In Case of Emergency:** Please contact your local hospital or dial 9-1-1.

For mental health emergencies contact: Metropolitan St. Louis Psychiatric Center (314) 877-0500.  
5351 Delmar Blvd., St. Louis, MO 63112

## Mental Health Centers in St. Louis, Missouri

### **Mental Health Centers of Greater St. Louis**

3320 Ladue Road, 3<sup>rd</sup> Floor  
St. Louis, MO 63124  
314-361-7075

### **Centerpointe Hospital Outpatient Services**

5024 Griffin Road  
St. Louis, MO 63128  
314-842-4463

### **CHIPS: Community Health-In-Partnership Services**

2431 N. Grand Blvd.  
St. Louis, MO 63106  
314-652-9231

### **Community Alternatives**

3738 Chouteau Ave.  
St. Louis, MO 63110  
314-772-8801

### **Counseling Associates for Positive Change**

9167 W. Florissant Ave.  
St. Louis, MO 63136

### **Family and Personal Counseling Center**

8240 St. Charles Rock Road  
St. Louis, MO 63114  
314-427-3832

### **Hyland Behavioral Health at St. Anthony's Medical Center**

10018 Kennerly Road  
St. Louis, MO 63128  
314-525-4400  
800-525-2032

### **Jewish Family and Children's Services**

10950 Schuetz Road  
St. Louis, MO 63146  
314-993-1000

### **Metropolitan St. Louis Psychiatric Center**

5351 Delmar Blvd.  
St. Louis, MO 63112  
314-877-0500

### **Midwest Psychiatry**

4219 Laclede Ave.  
St. Louis, MO 63108  
314-286-4545

### **Ministries and Services of the Archdiocese of St. Louis**

2703 Keokuk  
St. Louis, MO 63118  
314-771-1315

### **Open Options, Inc.**

1515 N. Warson Road  
St. Louis, MO 63132  
314-429-5000

### **Provident Counseling**

2650 Olive St.  
St. Louis, MO 63103  
314-533-8200

### **St. John's Mercy Behavioral Medicine Institute**

615 S. New Ballas Road  
St. Louis, MO 63141  
314-251-6565

### **St. John's Mercy Health Care**

12348 Old Tesson Road  
St. Louis, MO 63128  
314-467-3800

### **St. Louis Developmental Disabilities Treatment Center**

2312 Lemay Ferry Road  
St. Louis, MO 63125  
314-894-5400

### **St. Louis Empowerment Center**

2734 Gravois Ave.  
St. Louis, MO 63118  
314-865-2112

### **St. Louis Psychiatric Rehabilitation Center**

5300 Arsenal St.  
St. Louis, MO 63139  
314-877-6500

### **SSM Behavioral Health Services**

6420 Clayton Road  
St. Louis, MO 63117  
314-344-6700

### **Transitions**

2718 S. Brentwood Blvd.  
St. Louis, MO 63144  
314-963-7571

### **Urban Behavioral Healthcare**

1104 S. Jefferson Ave.  
St. Louis, MO 63104  
314-577-5000

# Missouri Health Centers Serving Low-Income Populations

## St. Louis Federally Qualified Health Centers

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Family Care Health Center  
6827 S. Broadway  
St. Louis, MO 63111  
314-481-1615

Family Care Health Center-  
Carondelet  
6313 Michigan  
St. Louis, MO 63111  
314-353-5190

Family Care Health Center-  
Forest Park SE  
4352 Manchester  
St. Louis, MO 63111  
314-531-5444

Grace Hill Neighborhood  
Health Center  
2600 Hadley St.  
St. Louis, MO 63106  
314-241-2200

Main Hadley Center  
2600 Hadley  
St. Louis, MO 63106  
314-241-2200

Water Tower Health Center  
4308 N. Grand  
St. Louis, MO 63107  
314-340-3222

Soulard Health Center  
2028 S. 12<sup>th</sup> St.  
St. Louis, MO 63104  
314-539-9800

St. Stephen's Health Center  
1400 Park  
St. Louis, MO 63104  
314-539-9850

Grace Hill South-  
Center de Salud Sur  
3400 S. Jefferson  
St. Louis, MO 63118  
314-577-6232

Grace Hill at St. Patrick's  
800 North Tucker  
St. Louis, MO 63103  
314-802-071

People's Health Center-  
Central West End  
5701 Delmar Blvd.  
St. Louis, MO 63112  
314-367-7848

People's Health Center-  
Blossom House  
5331 Enright Ave.  
St. Louis, MO 63112  
314-367-4573

People's Health Center-Maplewood  
7200 Manchester Rd.  
Maplewood, MO 63143  
314-781-9162

Myrtle Hilliard Davis Comprehensive  
Health Center, Inc.  
5471 Dr. Martin Luther King Dr.  
St. Louis, MO 63112  
314-367-5820

Comprehensive Health Center II  
4411 N. Newstead Ave.  
St. Louis, MO 63115  
314-381-9990

## Other St. Louis Health Centers

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La Clinica  
3646 Fairview Ave.  
St. Louis, MO 63113  
314-664-5565

Lillian E. Courtney Health Center  
1717 Biddle Street  
St. Louis, MO 63106  
314-622-3836

Florence Fill Health Center  
5541 Riverview Blvd.  
St. Louis, MO 63120  
314-389-4566

Homer G. Phillips Health Center  
2425 Whittier St.  
St. Louis, MO 63113  
314-371-3100

Mac C Starkloff Health Center  
2220 Lemp  
St. Louis, MO 63104  
314-772-7100

Prince Hall Dialysis Center  
5535 Delmar  
St. Louis, MO 63112  
614-879-6446

Vietnamese Health Center  
3535 South Jefferson  
St. Louis, MO  
314-529-9444

BREM Open Door Clinic  
1371 Hamilton  
St. Louis, MO 63112  
314-383-4666

Community Health -In-Partnership  
Services (CHIPS)  
2431 N. Grand Blvd.  
St. Louis, MO 63106  
314-652-9231

Unity Neighborhood Health Center  
3846 Ohio Avenue  
St. Louis, MO 63118  
314-772-3330

Volunteers in Medicine  
2140 North Fourth street  
St. Charles, MO 63301  
636-724-4848

## Kansas City Federally Qualified Health Centers

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Samuel U. Rodgers Community  
Health Center  
825 Euclid  
Kansas City, MO 64124  
816-474-4920

Rodgers-Lafayette Health Center  
721 S. 13 Hwy  
Lexington, MO 64067  
660-259-3823

Swope Parkway Health Center  
3801 Blue Parkway  
Kansas City, MO 64130  
816-923-5800

Northland Health Center  
3526 NE Vivion Rd.  
Kansas City, MO 64119  
816-459-9100

Douglas Community Health Center  
1029 N. 32<sup>nd</sup> St.  
Kansas City, MO 66102  
816-922-7600

### **Other Kansas City Health Centers**

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KC Free Health Clinic  
3515 Broadway  
Kansas City, MO 64111  
816-753-5144

Seton Center Family and  
Health Services  
2816 East 23<sup>rd</sup> St.  
Kansas City, MO 64127  
816-231-3955

Cabot Westside Clinic  
1600 Genessee  
Suite 634  
Kansas City, MO 64108  
816-471-7707

Children's Mercy Hospital  
Rheumatology Clinic  
2401 Gillham Rd.  
Kansas City, MO 64108  
816-234-1666

### **Other Missouri Federally Qualified Health Centers**

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Douglas County Community  
Health Care Clinic  
213 SE 3rd St.  
P.O. Box 1359  
Ava, MO 65608  
417-683-5739

Central Ozarks Medical Center  
304 W. Washington  
P.O. Box 777  
Richland, MO 65556  
573-765-5141

Cross Trails Medical Center  
937 Broadway  
Suite 103  
Cape Girardeau, MO 63701  
573-339-1196

Cross Trails Medical Center-  
Cape Girardeau  
937 Broadway, Suite 202 & 203  
Cape Girardeau, MO 63701  
573-332-0808

Cross Trails Medical Center-  
Marble Hill  
101 N. First St.  
P.O. Box 349  
Marble Hill, MO 63764  
573-238-2725

Cross Trails Medical Center-Advance  
106 North Oak St.  
P.O. Box 39  
Advance, MO 63730  
573-722-3034

Family Health Center-  
The Resource Center  
1500 Vandiver  
Suite 110  
Columbia, MO 65202  
573-214-2314

Northeast Missouri Family  
Health Clinic  
800 W. Jefferson St.  
Kirksville, MO 63501  
660-627-2206

Northeast Missouri Family  
Health Clinic  
100 E. Jackson  
Edina, MO 63537  
660-397-3517

Northeast Missouri Family  
Health Clinic  
Sigler Ave.  
Memphis, MO 63555  
660-465-7037

Northeast Missouri Family  
Health Clinic  
502 Rosewood  
Kirksville, MO 63501  
660-627-4493

New Madrid Family Clinic  
409 Mott St.  
New Madrid, MO 63869  
573-748-2592

Northwest Health Services, Inc.  
2303 Village Drive  
P.O. Box 8612  
St. Joseph, MO 64508  
816-387-6608

Mound City  
502 State St.  
P.O. Box 188  
Mound City, MO 64470  
660-442-5464

Mound City  
514 State St.  
P.O. Box 188  
Mound City, MO 64470  
660-442-5313

Hamilton Medical Clinic  
1 Cross St.  
P.O. Box 248  
Hamilton, MO 64644  
816-583-2713

Braymer  
109 North Main  
P.O. Box 36  
Braymer, MO 64624  
660-645-2218

King City  
305 Rhode Island  
P.O. Box 278  
King City, MO 64463  
660-535-4347

Oregon  
401 E. Nodaway  
P.O. Box 169  
Oregon, MO 64473  
660-446-3307

Annapolis Family Clinic  
Hwy 49  
Annapolis, MO 63620  
573-598-4602

St. Joseph-Family Health Center  
904 S. 10th St.  
St. Joseph, MO 64503  
816-271-7800

Family Medicine Associates  
2303 Village Dr. P.O. Box 8612  
St. Joseph, MO 64508-6608  
816-387-6608

Wathena Medical Center  
324 St. Joseph St. P.O. Box 39  
Wathena, KS 66090  
785-989-3122

Ozark Tri-County Health Care  
Consortium  
P.O. Box 687  
Anderson, MO 64831  
417-845-8300

Sikeston Family Clinic  
919 River Birch Mall  
Sikeston, MO 63801  
573-472-1770

Lilbourn Family Clinic  
211 N. Third St. P.O. Box 28  
Lilbourn, MO 63862  
573-688-5200

Portageville Family Clinic  
314 B E. Mail St.  
Portageville, MO 63873  
573-379-5929

Kennett Migrant/Family Clinic  
807 S. By-Pass  
Kennett, MO 63857  
573-717-1332

Bernie Family Clinic  
200 West Hunts Rd.  
Bernie, MO 63822  
573-293-6836

Big Springs Medical Association, Inc.  
Hwy 106 and 2nd St.  
P.O. Box 157  
Ellington, MO 63638  
573-663-2313

Ellington Family Clinic  
P.O. Box 157  
Ellington, MO 63638  
573-663-2525

Big Springs Medical Clinic  
P.O. Box 486  
Van Buren, MO 63665  
573-323-4235

Shannon County Family Clinic  
P.O. Box 106  
Eminence, MO 65466  
573-226-5505

### **Other Missouri Health Centers**

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Social Welfare Board  
904 South 10th St.  
St. Joseph, MO 64503  
816-233-5296

Community Care Clinic -Rolla  
200 North Main  
Rolla, MO 65401  
573-364-3381

Jefferson City Free Medical and  
Dental Clinic  
3400 W. Truman Blvd.  
Jefferson City, MO 65109  
573-761-3111

Community Free Clinic -Sedalia  
1700 East Broadway  
Sedalia, MO 65301  
660-826-4774

The Kitchen Clinic  
1630 North Jefferson  
Springfield, MO 65803  
417-837-1504

Ossman Free Medical and Dental  
Clinic--The Samaritan Center  
1206 East McCarty St.  
Jefferson City, MO  
573-634-7776

Christian community Clinic  
516 N. Baltimore St. #108  
Kirksville, MO 63501  
660-627-4500

Joplin Community Clinic  
701 S. Joplin Avenue  
Joplin, MO 64801  
417-624-5500

Whole Health Outreach  
Rt. 3, Box 34B  
Ellington, MO 63638  
573-663-7757

Camden County DOH  
OB Clinic  
113 Kansas St.  
Camdenton, MO 65020

Jasper County DOH Clinic  
105 Lincoln  
Carthage, MO 64836

Tri-County Clinic  
Sullivan County Hospital  
Milan, MO

Community Clinic of Carthage  
409 South Main  
Carthage, MO 64836  
417-237-0400

El Centro Latino  
601 Business Loop 70 West  
Suite 208  
Columbia, MO 65203  
573-449-9442

# Numbers to Know - St. Louis City & County

**A list of selected informational, emergency, and 24-hour numbers of public and voluntary health and human service agencies compiled by 2-1-1.**

**This free, confidential service is available by calling 2-1-1 or (800)427-4626.**

**Note: Inclusion does not indicate United Way membership or endorsement; it is solely to provide community information.**

**\* - Indicates service is available at all times or gives/takes recorded messages after hours.**

2009

**Area Code is (314) unless otherwise indicated.**

**Abuse:**

Alternatives to Living in Violent Environments (ALIVE) 993-2777  
 \*Child Abuse Counseling (Family Resource Center) 534-9350  
 \*Child Abuse Hotline (Missouri Children's Division) 800-392-3738  
 \*Elderly Abuse Hotline (Missouri Division of Aging) 800-392-0210  
 \*Rape Hotline (Women's Support & Community Services) 531-2003  
 \*RAVEN (abusive men) 289-8000  
 St. Louis City Victim Services 622-4373  
 Victim Service Council 615-4872  
 Women's Safe House 772-4535

**Aging:**

Aging, Area Agency on:  
 Mid-East 636-207-0847 (St. Louis Co)  
 I & R 636-207-1323  
 St. Louis City 612-5918  
 Cardinal Ritter Institute 961-8000  
 \*Elderly Abuse Hotline (Missouri Division of Aging) 800-392-0210  
 Long Term Care Ombudsman Nursing Home Information 918-8222  
 Meals on Wheels (Church Women United) 268-1523 (for senior/disabled)  
 MO Department of Health and Senior Services 340-7300  
 Elderly Abuse Hotline 800-392-0210  
 Institutional Services 340-7360  
 St. Louis County Older Resident Programs (CORP) 615-4516  
 Transportation Services (aged/disabled):  
 OATS (County) 894-1701  
 Regional Center (City) 244-8800  
 St. Louis Agency on Aging 612-5086

\*Ambulance, Fire, Police 911

\*American Red Cross 516-2800

Animal Protective Association 645-4610

Arthritis Foundation 991-9333

Arts & Education Council 535-3600

Asthma & Allergy Foundation 645-2422

Better Business Bureau 645-3300

**Children:**

Big Brothers/Big Sisters 361-5900

**Children cont:**

Boy Scouts of America 361-0600  
 \*Child Abuse Counseling (Family Resource Center) 534-9350  
 \*Child Abuse Hotline (Missouri Children's Division) 800-392-3738  
 Child Day Care Association 531-1412  
 Epworth Children & Family Services 961-5718  
 \*Youth Emergency Service  
 Crisis Center 862-1334/Hotline 727-6294  
 Girl Scout Council of Greater St. Louis 890-9569  
 Life Crisis Services (Admin.) 647-3100  
 \*Crisis Hotline 647-4357  
 \*Teen Line 644-5886  
 \*Parental Stress Helpline (St. Louis Crisis Nursery) 768-3201  
 Ranken Jordan Home for Convalescent Crippled Children 872-6400  
 \*Runaway/Troubled Youth National Hotline 800-621-4000  
 St. Louis City Child Support Enforcement 340-7400  
 St. Louis County Child Support Enforcement 877-2700

**Disabled:**

Paraquad (disabilities) 289-4200 or 289-4252 (TDD)  
 Protection & Advocacy Services, Missouri (disabilities) 785-1702  
 Ranken Jordan Home for Convalescent Crippled Children 872-6400  
 St. Louis Association for Retarded Citizens 569-2211  
 St. Louis City Office on Disabled 622-3686 or 622-3693 (TDD)  
 St. Louis Regional Office for the Developmentally Disabled 244-8800 (St. Louis City) 340-6500 (St. Louis County)  
 Transportation Services (aged/disabled):  
 OATS (County) 894-1701  
 Regional Center (City) 244-8800  
 St. Louis Agency on Aging 612-5086

Cancer Society, American 286-8100  
 Center for Hearing-Speech, St. Louis-St. Charles County 968-4710

**Financial Assistance:  
 (Utility, rent, etc.)**

Community Action Agency of St. Louis County, Inc. 863-0015

**Financial Assistance cont:**

Energycare 773-5900 (information)  
 Human Development Corporation 535-7607 (St. Louis City & Wellston)  
 Income Maintenance, Food Stamps, Medical Assistance  
 St. Louis City 993-7000  
 St. Louis County 426-9600  
 Urban League  
 St. Louis City 615-3600  
 St. Louis County 388-9840  
 Community in Partnership Family Center 423-7770  
 Consumer Fraud & Welfare Hotline (State Attorney General) 800-392-8222  
 Contact 2 Call For Action (KTVI-TV Ch.2) (636) 282-2222 (11am - 1pm weekdays)  
 Dental Society, Greater St. Louis 569-0447  
 Diabetes Association, American 822-5490  
 Easter Seals (636)227-6030  
 Epilepsy Foundation, St. Louis 645-6969  
 Federal Citizen Information Center 800-688-9889

**Food:**

Food Bank, St. Louis Area 383-3335 (no services to individuals)  
 Food Stamps (MO Family Support Division):  
 St. Louis City 933-7000  
 St. Louis County 426-9600  
 Hunger Hotline (Operation Food Search) 726-5355  
 Meals on Wheels (Church Women United) 268-1523 (for senior/disabled)  
 Heart Association, American 692-5600  
 Higher Education Consortium 991-2700  
 \*Highway Patrol, Missouri State 340-4000

**HIV/AIDS:**

St. Louis Effort for AIDS Hotline 645-6451



**HIV/AIDS cont:**

St. Louis Metropolitan Center for  
HIV/AIDS Services  
St. Louis City 612-5188  
St. Louis County 522-6410 Ext. 6143

Homer G. Phillips Health Center 371-3100

Horticulture Answer Service/Missouri  
Botanical (Shaw's) Garden 577-5143

**\*Hospitals, Public:**

St. Louis ConnectCare 361-2273  
St. Louis Psychiatric Rehabilitation Ctr.  
877-5825

**Housing/Shelter:**

Housing Authority, St. Louis  
St. Louis City 531-4770  
St. Louis County 428-3200  
Housing Resource Center 802-5444  
Metro Homeless Center and Family Svs.  
534-1010  
Salvation Army 646-3000  
Family Haven (Family Services/\*Shelter)  
423-7770

\*Harbor Light Center 652-3310  
Shalom House (homeless shelter)  
534-1010

\*Sunshine Mission (shelter for men)  
231-8209

\*Humane Society of Missouri  
St. Louis City 647-8800  
St. Louis County 951-1590

Hyde Park Neighborhood Center 584-6700

Jewish Family & Children's Service 993-1000

**Job Search/Employment:**

Employment & Training Center  
(St. Louis Community College)  
City: 589-8007  
County: 381-6700

MO Division of Workforce Development -  
Missouri Career Center  
Downtown 589-8000  
Florissant 877-3010  
North 679-3300  
St. Louis Central 877-0916

Kidney Foundation, National 800-489-9585  
or 961-2828

Lawyer's Referral & Information Service  
(Bar Association) 621-6681

Legal Services of Eastern Missouri (Legal  
Aid) 534-4200

Literacy Council 776-7102

Lung Association, American 645-5505

Lutheran Family & Children's Services  
534-1515

March of Dimes 646-8601

MC+ 800-348-6627

Medicaid Information 800-392-2161

Medicare Information, Part B 800-633-4227

**Mental Health:**

Alliance on Mental Illness  
962-4670  
Life Crisis Services (Admin.) 647-3100  
\*Crisis Hotline 647-4357  
\*Teen Line 644-5886

\*Mental Health Resources & Referral  
Behavioral Health Response 469-6644  
Life Crisis Services 647-HELP (4357)  
Mental Health America 773-1399

\*Parental Stress Helpline (St. Louis Crisis  
Nursery) 768-320  
Provident Counseling 371-6500  
\*Intake 533-8200  
\*Youth Emergency Service (Epworth)  
Crisis Center 862-1334  
Hotline 727-6294

Metro Information 231-2345  
or 982-1555 (TDD)  
Call-a-Ride Plus Info 652-2600  
or 982-1509 (TDD)

**Missouri State:**

State Office Information 573-751-2000  
Department of Health and Senior  
Services 340-7300  
Elderly Abuse Hotline 800-392-0210  
Institutional Services 340-7360  
Division of Workforce Development -  
Missouri Career Center  
Downtown 589-8000  
Florissant 877-3010  
North 679-3300  
St. Louis Central 877-0916

Family Support and Children's Division  
\*Child Abuse Hotline 800-392-3738  
Income Maintenance, Food Stamps,  
Medical Assistance  
St. Louis City 993-7000  
St. Louis County 426-9600  
Governor Nixon's Office 340-6900

Multiple Sclerosis Society, National  
Gateway Area Chapter 781-9020

Muscular Dystrophy Association of  
St. Louis 962-0023

\*Poison Center, SSM Cardinal Glennon  
Regional 772-5200

Post Office Information 800-275-8777

Red Cross, American 516-2800

Relay Missouri 800-735-2466

Social Security 800-772-1213

St. Alexius Hospital 865-3333

**St. Louis City:**

Board of Education 231-3720  
Child Support Enforcement 340-7400  
Citizens Service Bureau 622-4800  
Health Department 612-5100  
Office on Disabled 622-3686  
or 622-3693 (TDD)  
Public Library 241-2288  
Victim Services 622-4373  
Vital Records 613-3016

**St. Louis County:**

Child Support Enforcement 877-2700  
County Library 994-3300  
County Older Resident Programs (CORP)  
615-4516  
Department of Health 615-0600  
Vital Records 615-0376

St. Louis Metro Baptist Association 571-7579

**Substance Abuse:**

\*Al-Anon and Alateen Family Groups  
Information Center 645-1572

\*Alcoholics Anonymous Information  
(Alano Society) 647-3677

\*Alcoholism/Drug Information Center  
(NCADA) 962-3456

Center for Life Solutions (substance abuse  
treatment) 731-0100

DART (Drug Alcohol Rehabilitation  
Treatment) 731-0100

Tourist Information Center (State) 869-7100

Traveler's Aid 241-5820

VD/ Sexually Transmitted Disease  
Information: St. Louis City 612-5200  
St. Louis County 522-6410

Victim Service Council 615-4872

Visiting Nurse Association 918-7171

**Women:**

\*Birthright Counseling 962-5300

Planned Parenthood of St. Louis Region  
531-7526

\*Pregnancy Resource Center 783-3040  
Reproductive Health Services of Planned  
Parenthood 531-7526 xt. 529

Safe Connections 646-7500

\*Women's Crisis Line 531-2003

2-1-1

[www.211missouri.org](http://www.211missouri.org)  
[www.211southwestillinois.org](http://www.211southwestillinois.org)

**United Way**

**910 North 11th**

**St. Louis, MO 63101**

**Administration (314) 421-0700**

**Volunteer Center (314) 539-4063**

**Or (800) VOLUNTEER**

**[www.stl.unitedway.org](http://www.stl.unitedway.org)**

| <b>Disability (SSI/SSD)</b>             |          |
|---|----------|
| Social Security Administration-SSI,SSDI | 621-2704 |
| Access Disability (D. Camp/B. McNamara) | 450-4700 |
| Crowe & Shanahan                        | 231-6660 |
| Gateway Legal Services                  | 534-0404 |
| Julia Mariani                           | 265-8380 |

| <b>Division of Family Services (Food Stamps, Medicaid)</b> |          |
|--|----------|
| 3101 Chouteau (St. Louis City)                             | 933-7000 |
| 4411 N. Newstead (Prince Hall)                             | 877-2400 |
| 9900 Page (St. Louis County)                               | 426-9600 |
| 8501 Lucas & Hunt (Jennings)                               | 877-2470 |

| <b>Education</b>                 |              |
|----------------------------------|--------------|
| GED Hotline                      | 800-626-9433 |
| Human Development Corporation    | 613-2200     |
| St. Louis Community College      | 644-5522     |
| St. Patrick Center (GED classes) | 802-0700     |

| <b>Employment</b>                     |          |
|---------------------------------------|----------|
| Employment Connections                | 652-0360 |
| Human Development Corporation         | 613-2200 |
| Jobs and Employment Support Service   | 644-0360 |
| Missouri Career Center (ex-offenders) | 877-0916 |
| Near Southside Employment Coalition   | 865-4453 |
| SLATE                                 | 589-8000 |
| St. Patrick Center                    | 802-0700 |
| Vocational Rehabilitation (Downtown)  | 877-2940 |
| Workforce Dev. Div. (Unemployment)    | 340-4950 |
| Action Temps                          | 621-1500 |
| Adecco Temporary Agency               | 421-3858 |
| B. Loehr Temps                        | 567-6500 |
| Express Personnel                     | 621-8000 |
| Labor Ready                           | 776-0600 |
| Manpower Temporary Agency             | 241-1356 |
| Office Team Temporary Agency          | 621-8888 |

| <b>Food Pantries</b>                     |          |
|--|----------|
| Hunger Hotline-Operation FoodSearch      | 726-5355 |
| Isaiah 58 Ministries (M-F, 10-1)         | 776-1410 |
| Meals on Wheels                          | 268-1523 |
| New Life Evangelistic Center (M-F, 10-1) | 421-3020 |

| <b>Health Services</b>                  |          |
|---|----------|
| ConnectCARE (Delmar)                    | 361-2273 |
| Family Care Health Center (Holly Hills) | 353-5190 |
| Family Care Health Center (Manchester)  | 531-5444 |
| Grace Hill (Biddle)                     | 814-8585 |
| Grace Hill (Jefferson)                  | 898-1999 |
| Grace Hill (Soulard)                    | 814-8680 |
| Grace Hill (St. Patrick Center)         | 802-0711 |
| Grace Hill (Water Tower)                | 898-1717 |
| La Clinica Latino Health Center         | 664-5565 |

| <b>Health Services (continued)</b>      |          |
|---|----------|
| People's Health Center (Delmar)         | 367-7848 |
| Poison Control Center                   | 772-5200 |
| Sexually Transmitted Diseases Clinic    | 879-6213 |
| St. Louis City Health Department        | 612-5100 |
| St. Louis Effort for AIDS (HIV testing) | 645-6451 |

| <b>Homeless Shelters</b>                       |          |
|--|----------|
| <i>Men – Housing Resource Center referrals</i> |          |
| Peter and Paul                                 | 802-5444 |
| Salvation Army Harbor Light                    | 802-5444 |

|   |          |
|---|----------|
| <i>Men – Independent Shelters (no HRC referral)</i> |          |
| Emmanuel Water Tower Ministries                     | 533-4225 |
| New Life Evangelistic Center                        | 421-3020 |
| Sunshine Mission                                    | 231-8209 |

|   |              |
|---|--------------|
| <i>Women - Domestic Violence Shelters</i> |              |
| ALIVE                                     | 993-2777     |
| Fortress Women's Center                   | 381-4422     |
| Lydia's House                             | 771-4411     |
| Oasis (Alton, IL)                         | 618-465-1978 |
| Robertson Center (Lincoln County)         | 636-462-3355 |
| Safe Place                                | 877-266-8732 |
| St. Martha's Hall                         | 533-1313     |
| Weinman Center                            | 423-1117     |
| Women's Center (St. Charles)              | 877-946-6854 |
| Women's Safe House                        | 772-4535     |

|  |          |
|--|----------|
| <i>Women – Housing Resource Center referrals</i> |          |
| Christian Service Center (kids ok)               | 802-5444 |
| Family Haven (kids ok)                           | 802-5444 |
| Grace & Peace (winter – no kids)                 | 802-5444 |
| Loaves and Fishes (kids ok)                      | 802-5444 |
| Maria Droste Recovery (no kids)                  | 802-5444 |
| Room at the Inn (kids ok)                        | 802-5444 |
| Shalom House (no kids)                           | 802-5444 |
| St. Patrick Center (no kids)                     | 802-5444 |
| St. Phillipine (no kids)                         | 802-5444 |

|   |              |
|---|--------------|
| <i>Women – Independent Shelters (no HRC referral)</i> |              |
| Emmanuel Water Tower Ministries                       | 533-4225     |
| Escape Gospel House                                   | 385-5565     |
| Karen House (kids ok)                                 | 621-4052     |
| Missionaries of Charity (kids ok)                     | 533-2777     |
| New Life Evangelistic Center (kids ok)                | 421-3020     |
| Rescue Mission (kids ok)                              | 636-475-3030 |
| Salvation Army-O'Fallon (kids ok)                     | 636-240-4969 |

|                                     |          |
|-------------------------------------|----------|
| <i>Women – Pregnancy Shelters</i>   |          |
| Almost Home                         | 771-4663 |
| Haven of Grace                      | 621-6722 |
| Our Lady's Inn                      | 351-4590 |
| Good Shepherd Maternity Residential | 664-4715 |

| <b>Homeless Shelters (continued)</b> |              |
|--------------------------------------|--------------|
| <i>Illinois Shelters</i>             |              |
| Holy Angels (East St. Louis)         | 618-874-4079 |
| Salvation Army (Alton)               | 618-465-7764 |
| Salvation Army (Belleville)          | 618-236-2167 |
| Second Chance (East St. Louis)       | 618-482-5662 |

|                          |              |
|--------------------------|--------------|
| <i>Youth Shelters</i>    |              |
| Covenant House Missouri  | 351-4866     |
| Dream House              | 367-6002     |
| Youth Emergency Services | 727-6294     |
| Youth in Need            | 636-946-3771 |

| <b>Hotlines and Information/Referral</b> |              |
|--|--------------|
| ALIVE Domestic Violence Hotline          | 993-2777     |
| Behavioral Health Response (BHR)         | 469-1500     |
| Child Abuse and Neglect Hotline          | 800-392-3738 |
| Covenant House Youth Hotline             | 800-999-9999 |
| Elderly Abuse Hotline                    | 800-392-0210 |
| Empowerment Center Warm Line             | 866-525-1442 |
| Kids Under Twenty-One (KUTO)             | 888-644-886  |
| Life Crisis Adult Hotline                | 647-4357     |
| United Way 2-1-1                         | 421-4636     |

| <b>Housing</b>   |          |
|--|----------|
| Beyond Housing   | 862-0639 |
| Cath. Char. Housing Resource Center  | 802-5444 |
| HOPE (elderly)   | 776-0155 |
| Housing & Urban Development  | 539-6583 |
| St. Louis City Citizens Service  | 622-4800 |
| St. Louis Housing Authority  | 531-4770 |
| <a href="http://www.apartment-exchange.com">www.apartment-exchange.com</a> |          |
| <a href="http://www.craigslist.com">www.craigslist.com</a>                 |          |
| <a href="http://www.socialserve.com">www.socialserve.com</a>               |          |
| <a href="http://www.stltoday.com">www.stltoday.com</a>                     |          |

| <b>Identification (Birth Certificates and State IDs)</b> |          |
|--|----------|
| Centenary CARES (T,W-9:30, FCFS)                         | 421-3136 |
| St. Francis Xavier (T,W-9:00, FCFS)                      | 977-7300 |

| <b>Jails</b>                             |          |
|--|----------|
| St. Louis City Justice Center            | 621-5848 |
| St. Louis Community Release Center       | 877-0300 |
| St. Louis County Justice Center          | 615-5245 |
| St. Louis City Med. Security Institution | 621-5848 |

| <b>Legal Assistance</b>               |          |
|---------------------------------------|----------|
| American Civil Liberties Union (ACLU) | 652-3111 |
| Equal Employment Opportunity Comm     | 539-7800 |
| Gateway Legal Services                | 534-0404 |
| Lawyer's Reference Services           | 621-6681 |
| Legal Services of Eastern MO          | 534-4200 |
| Missouri Comm. on Human Rights        | 340-7590 |
| Options for Justice                   | 721-6161 |

| <b>Money Management</b>            |              |
|------------------------------------|--------------|
| Consumer Credit Counseling Service | 888-656-2227 |
| Mental Health Assoc. Rep. Payee    | 773-1399     |

| <b>Parenting Assistance</b>          |          |
|--------------------------------------|----------|
| Child Daycare Association            | 531-1412 |
| Children's Division                  | 340-7000 |
| Community Action Agency of St. Louis | 863-0015 |
| Redev. Opportunities for Women       | 588-8300 |
| St. Louis Crisis Nursery             | 768-3201 |

| <b>Psychiatric Hospitals (DMH Operated)</b> |          |
|---|----------|
| Hawthorn Children's Psychiatric Hosp.       | 512-7656 |
| Metropolitan Psychiatric Center             | 877-0500 |
| St. Louis Psychiatric Rehab. Center         | 877-6500 |

| <b>Rental Assistance</b>              |          |
|---------------------------------------|----------|
| Doorways (HIV+)                       | 535-1919 |
| Hosea House (when available)          | 773-9027 |
| Cath. Char. Housing Resource Center   | 802-5444 |
| Isaiah 58 Ministries (when available) | 776-1410 |
| Paraquad (disabled)                   | 289-4200 |
| United Way 2-1-1                      | 421-4636 |
| Urban League (city)                   | 615-3600 |
| Urban League (county)                 | 388-9840 |

| <b>Showers</b>         |          |
|------------------------|----------|
| Horizon Club           | 436-1733 |
| St. Louis Dream Center | 381-0700 |

| <b>Substance Abuse</b> |          |
|------------------------|----------|
| Alcoholics Anonymous   | 647-3677 |
| Bridgeway              |          |
| Community Alternatives | 772-8801 |
| Harris House           |          |
| Narcotics Anonymous    | 830-3232 |
| Queen of Peace         |          |

| <b>Transportation</b>                       |              |
|---|--------------|
| Call-a-Ride (reservations)                  | 652-2600     |
| Laclede Cab                                 | 361-2345     |
| Medicaid                                    | 866-269-5927 |
| Metro (Bus/Metrolink)                       | 231-2345     |
| New Life Evangelistic Center (city-to-city) | 421-3020     |
| Traveler's Aid (city-to-city)               | 241-5820     |

| <b>Utility Assistance</b>       |              |
|---------------------------------|--------------|
| AmerenUE                        | 342-1000     |
| AT&T                            | 800-616-1171 |
| AT&T Lifetime Telephone Service | 800-464-7928 |
| Catholic Charities DialHELP     | 371-4357     |
| Circle of Concern               | 636-861-2623 |
| Community Action Agency         | 863-0015     |
| Doorways (must be HIV+)         | 535-1919     |

| <b>Utility Assistance (continued)</b>  |          |
|--|----------|
| Feed My People                         | 631-4900 |
| Franciscan Connection (when available) | 773-8485 |
| Human Development Corporation          | 535-7607 |
| Isaiah 58 Ministries (when available)  | 776-1410 |
| Missouri EnergyCare, Inc.              | 773-5900 |
| New Life Evangelistic Center           | 421-3020 |
| St. Jane Catholic Family Services      | 383-6539 |
| Society of St. Vincent DePaul          | 531-2183 |
| United Way 2-1-1                       | 421-4636 |
| Urban League                           | 615-3600 |

| <b>Veterans Services</b>               |              |
|--|--------------|
| Missouri Veterans Clinic               | 286-6988     |
| St. Louis Regional Office (benefits)   | 800-827-1000 |
| St. Louis Vet Center                   | 531-5355     |
| VA Medical Center (Jefferson Barracks) | 652-4100     |
| VA Medical Center (John Cochran)       | 652-4100     |

**\*\* Additional detailed referral and information lists are available at CARES Outreach in the dining room \*\***

DEVELOPED BY Cares Outreach  
1610 OLIVE STREET  
ST. LOUIS, MO 63103  
(314) 421-3136

### **Services Provided**

- Breakfast (Monday-Friday, 7-9:30 a.m.)
- Lunch (Monday-Friday, 12-12:30 p.m.)
- Dinner (Sunday-Thursday, 5-5:30 p.m.)
  - Permanent mailing address
  - Hygiene items
- Birth certificates and state IDs (Tuesday and Wednesday, first-come, first-served at 9:30 am)
  - Referrals to other agencies

# **St. Louis Community Resource Phone Guide**

**UPDATED AUGUST 2008**

*\*All numbers are area code 314 unless otherwise listed\**

| <b>Clothing</b>                    |          |
|------------------------------------|----------|
| Dress for Success                  | 333-4490 |
| Isaiah 58 Ministries (M-F, 10-1)   | 776-1410 |
| Kingdom House (T/Th, 10-12)        | 421-0400 |
| New Life Evangelistic Center       | 421-3020 |
| Salvation Army                     | 771-3460 |
| Society of St. Vincent DePaul      | 531-7837 |
| St. Louis Dream Center             | 381-0700 |
| St. Patrick Center (M/W/F, 1-2:30) | 802-0700 |
| St. Vincent's Church (W, 12-2)     | 231-9328 |

| <b>Community Mental Health Centers</b> |          |
|--|----------|
| BJC-Behavioral Health Call Center      | 729-4004 |
| BJC-Behavioral Health – Central        | 206-3700 |
| Hopewell Community Mental Health       | 531-1770 |

| <b>Counseling (Sliding Scale Fees)</b> |          |
|--|----------|
| Life Crisis Services                   | 647-4357 |
| Center for Trauma Recovery             | 516-6738 |
| Christian Family Services              | 968-2216 |
| Crime Victim Advocacy Center           | 652-3623 |
| Family Support Network                 | 644-5055 |
| Provident Counseling                   | 533-8200 |
| St. Louis Empowerment Center           | 652-6100 |
| Women's Support & Community Services   | 531-2003 |

| <b>Courts</b>                                  |          |
|--|----------|
| St. Louis City Circuit Clerk (orders of prot.) | 622-4434 |
| St. Louis City Mental Health Court             | 622-3558 |
| St. Louis City Municipal Court                 | 622-3231 |
| St. Louis County Mental Health Court           | 615-5698 |

| <b>Developmental Disabilities</b> |          |
|-----------------------------------|----------|
| Life Skills                       | 567-7705 |
| Paraquad                          | 289-4200 |
| Productive Living Board for DD    | 726-6016 |
| St. Louis ARC                     | 569-2211 |
| St. Louis City Regional Center    | 244-8800 |
| St. Louis MR/DD                   | 421-0090 |